



SheCOACH

Gender Equality in Coaching

5th Newsletter

December 2025

National Workshops Successfully Completed

In October 2025, we successfully delivered the four national Workshops planned within the SheCOACH project aiming to promote the SheCOACH Framework for gender mainstreaming in coaching education.

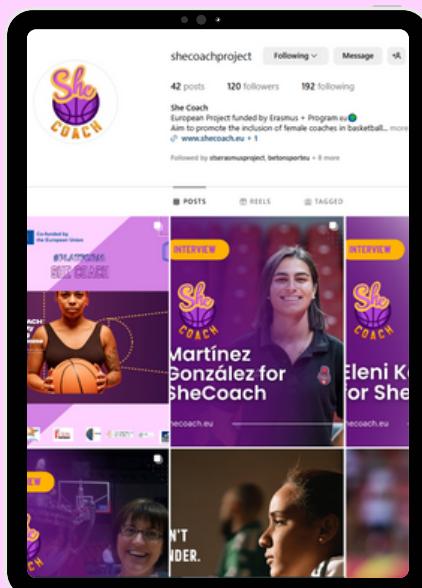
Events were held in **Cyprus, Greece, Italy, and Spain** and brought together professionals from sports federations, education providers, and key stakeholders in the coaching sector.

The project Workshops achieved excellent results. Each event met its objectives and provided valuable insights to guide the next phases of the project.

A total of **214 participants** attended the four events—far above the initial target of 100–160 participants.

The Italian and Cypriot Workshops were also recorded and you can watch them by clicking [here](#) for the Italian and [here](#) for the Cypriot recording. By mid-December, the Italian video had reached 57 views, and the Cypriot one 96, with numbers expected to grow.

CONNECT WITH US



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MEET the team



Cyprus

symplexis

Greece



GREEK BASKETBALL COACHES ASSOCIATION

Greece



Italy



UNIVERSIDAD DE MURCIA

Spain



FBCLM

Federación de Baloncesto de Castilla-La Mancha

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Romania



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Evaluation questionnaires revealed exceptionally high satisfaction levels. Between **92% and 100% of respondents were very or completely satisfied** with the event, confirming the relevance of the content and the quality of the speakers. Importantly, **100% of participants stated they would recommend the SheCOACH project** to colleagues, demonstrating the strong positive impact of these initiatives.

Between 92% and 100% of respondents were very or completely satisfied with the SheCOACH workshops!

Overall, the Workshops successfully raised awareness about gender equality in coaching, promoted meaningful discussions among professionals, and strengthened the basis for the project's upcoming activities.



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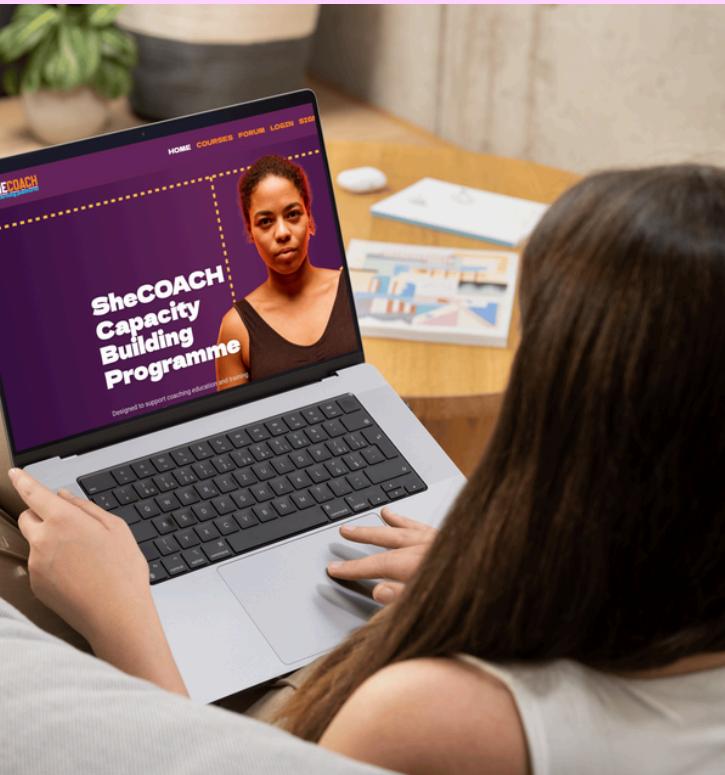
Romania

MORE AND MORE USERS ARE JOINING THE SHECOACH PLATFORM!

We continue to observe a strong and steady flow of users accessing our online learning platform.

We invite you to explore the available courses and materials here (in EN, EL, ES, IT):

<https://shecoach-platform.eu>



Available Courses

- **Course 1:** Legislation on Gender Equality in Sports
- **Course 2:** Women in Leadership Positions in Sport
- **Course 3:** The Power of Inclusive Language in Sports Environments
- **Course 4:** Gender-Based Discrimination and Sexual Harassment in Sport

Visit the [SheCOACH e-learning platform](https://shecoach-platform.eu) to discover more and stay engaged as we continue to empower coaching education providers, sports federations, and aspiring coaches across Europe!

Sign up for free!

NEW INTERVIEWS

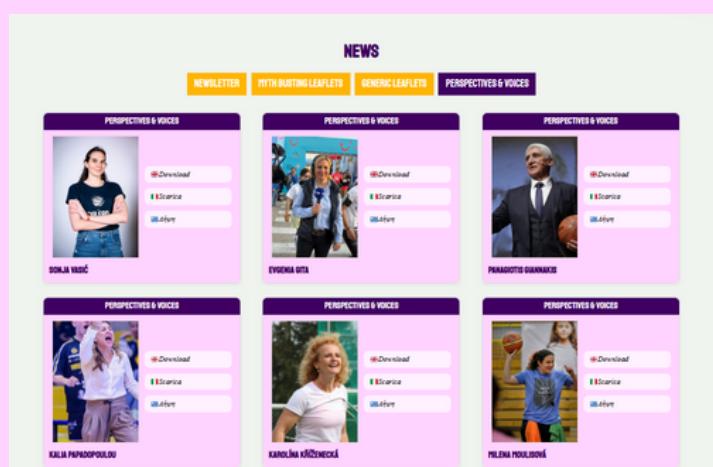
NOW AVAILABLE ONLINE



Our “Perspectives & Voices” section is constantly growing. Recent interviews include contributions from inspiring figures in sport and coaching, such as:

- **Antic Jelena**
- **Dimitris Itoudis**
- **Valorie Kondos**
- **Selma Delibašić**
- **Florina Pora**
- **Milena Moulisova**
- **Karolína Kříženecká**
- **Kalia Papadopoulou**
- **Panagiotis Giannakis**
- **Evgenia Gita**
- **Sonja Vasić**

We warmly invite
you to read and share
these valuable insights.



NEWS

PERSPECTIVES & VOICES

SONJA VASIC

EVGENIA GITA

PANAGIOTIS GIANNAKIS

KALIA PAPADOPOULOU

KAROLINA KRÍŽENECKÁ

MILENA MOULISOVÁ

PERSPECTIVES & VOICES

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You can explore all the interviews in
the “Perspectives and Voices” news
section on the SheCOACH website.



PROJECT MEETING IN ATHENS

NOVEMBER 2025



The SheCOACH consortium met in **Athens** on **19–20 November 2025** for a productive transnational meeting.

On 20 November, we had the honour of presenting the SheCOACH project at the **15th ICCE Global Coach Conference**, strengthening visibility and opening new opportunities for collaboration at European and global levels.



LOCAL COACHES SEMINAR

RHODES 2025

December 6 & 7, 2025 – Rodion Athlisis Indoor Gym – Rhodes, Greece

Rhodes hosted the Local Coaches' Seminar on December 6 and 7, 2025, organized by the Hellenic Basketball Coaches Association (SEPK) and the Dodecanese Basketball Clubs Association. The seminar aimed to strengthen continuous education and systematic training for basketball coaches at all levels.

Recognizing the importance of ongoing professional development, SEPK continues to promote high-quality events featuring experienced speakers and practical demonstrations of modern coaching techniques. The "Rhodes 2025" Seminar represents another initiative enhancing knowledge, collaboration, and best practices within the coaching community.

The event also welcomed the SheCOACH EU-funded project, further supporting the seminar's mission to promote educational innovation and the development of coaching methodologies. Informational leaflets related to the project were distributed to all participants, ensuring wider dissemination of the project's objectives and activities.



SHECOACH WORKSHOP GIVEAWAY WINNERS IN GREECE

As part of the **SheCOACH** online workshop in Greece, co-organised in October by Symplexis and the Greek Basketball Coaches Association (SEPK), the organizers held a small draw among the participants for two tactic boards, kindly offered by SEPK.

Both lucky winners, coach **George Karataglidis from Kastoria** and coach **Aglaia Markoglou from Heraklion, Crete**, proudly shared a photo with their new tactic board — a great reminder that coaching is all about passion, learning, and community.

A big thank you to George and Aglaia and to everyone who took part in the SheCOACH online workshops in Greece, Cyprus, Italy and Spain! Your engagement and dedication to gender equality and inclusion in sport continue to inspire us!



We also thank all those who support the SheCOACH project and its mission to empower coaches, promote equal opportunities, and strengthen a more inclusive sports community.



NEXT STEP: PILOTING OF THE FRAMEWORK

In the coming months (**Jan-June 2026**), we will launch the pilot phase of the SheCOACH Framework in Greece, Cyprus, Italy, and Spain.

The purpose of the pilot is to:

- Test the usability, clarity, and adaptability of the SheCOACH Framework in real institutional contexts.
- Build the capacity of coach education providers to mainstream gender in their educational structures.
- Collect qualitative and quantitative data to refine and finalize the framework.
- Foster dialogue, collaboration, and peer learning among partners and education providers.

The workshops (in-person or online) will serve as a crucial step to promote the practical use of the Framework and to strengthen collaboration with those who are committed to fostering more inclusive and gender-sensitive coaching systems.

Interested in joining? Stay tuned for updates on SheCOACH social media or contact your in-country partner!

